# Use of Pollen and Plant Fossils for Wetland Creation, Restoration, and Enhancement

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#### Wetland Restoration

- Varies with location
- Primarily concerned with:
  - Site selection;
  - Hydrology;
  - Soil amendments;
  - Plant selection;
  - Target ecological functions and societal values; and
  - Success metrics, long-term monitoring and management.

## Vegetation

Undisturbed native habitat is rare

■ Few areas in the US have escaped the effects of human impacts

Plant list typically consists of local native species

#### Diminished Restoration Benchmarks



Pre-history Forested



1700s-Present Scrub-Shrub



Future PEM-Open Water

**Benchmark** 

#### The Questions

- Can ecological functions and values be restored to that of historical wetlands?
- Are we constructing and restoring wetlands with a specific purpose in mind or just fulfilling a regulatory requirement?
- Should we aspire to a higher restoration benchmark for vegetation?
- Should there be an attempt to establish historical vegetation benchmarks where appropriate?

# Palynology/Paleoecology

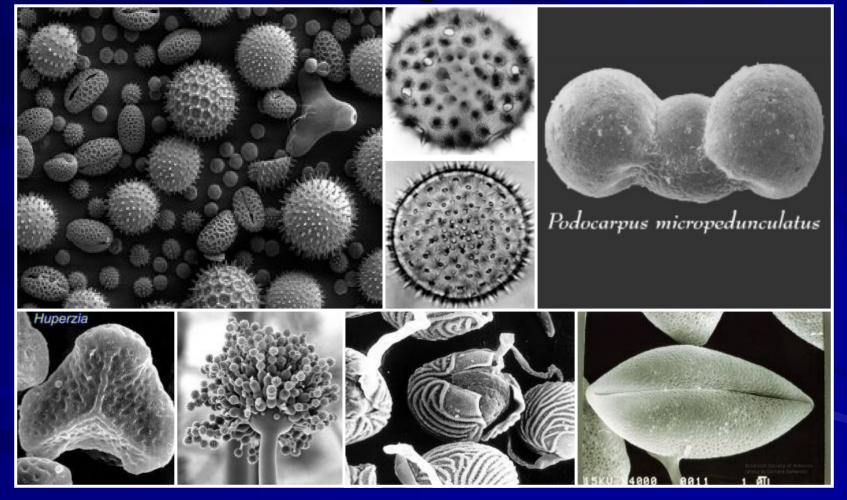
- The use of pollen, spores and macrofossils allow us to:
  - Identify floristic composition and community changes in space and time;
  - Provide insight into factors that influence longterm (10<sup>2</sup>-10<sup>6</sup> years) ecological and environmental dynamics; and
  - Provide a better understanding of the relative importance of autogenic (succession) and allogenic (climate, hydrology and disturbance) processes that are specific to the site.

## What are pollen and spores?

■ Spores: the reproductive units of seedless plants (e.g., ferns, mosses, club mosses, horsetails, whisk ferns, fungi)

Pollen: the male reproductive units of seed plants (e.g., conifers and flowering plants)

# Pollen and Spore SEM Images



## Importance of Pollen and Spores

- Decay Resistant: Pollen and spores can be collected from a site millions of years after dispersal and removed from the sediment with minimal damage.
- Correlation: Pollen and spores can be correlated with the sedimentary and depositional environment and local hydrogeomorphology.
- Identification: Each genus or species commonly produces pollen or spores that are unique and can be identified.

## Importance of Pollen and Spores

- **Vegetation**: Provides an approximation of the vegetation that was present in the vicinity of the depositional environment.
- Resolution: Can provide a high-resolution snapshot of the local environment.

#### Hackensack Meadowlands, NJ - Example 1



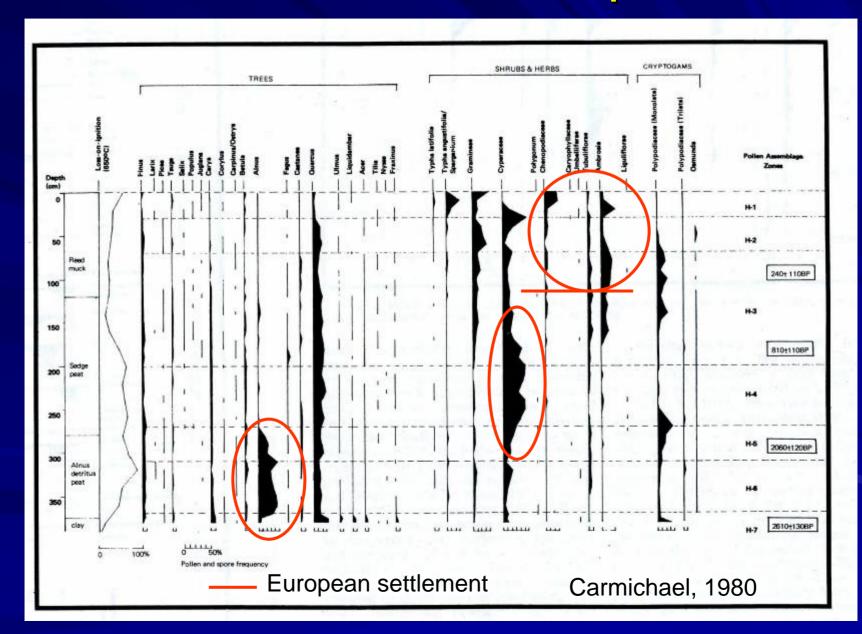




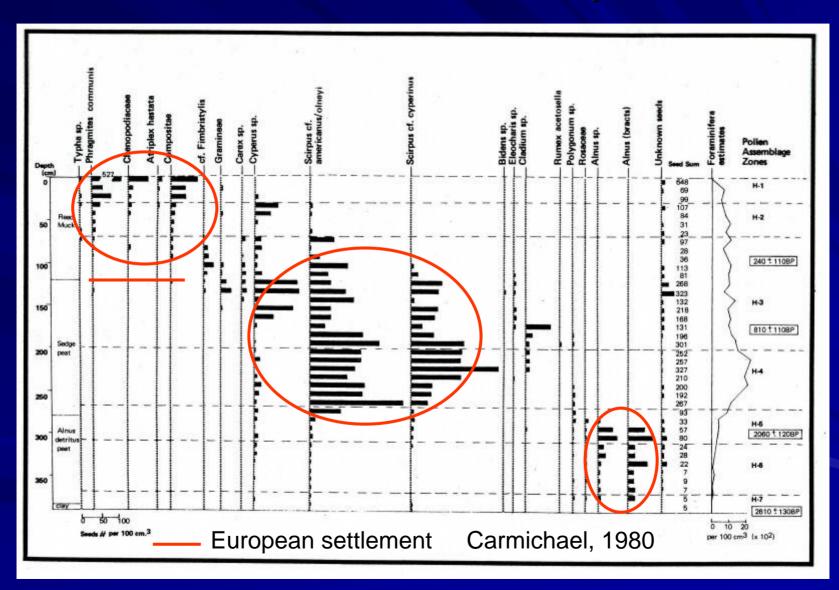
Currently dominated by Phragmites australis.

Restored with Spartina alterniflora.

## Meadowlands Pollen Spectrum



## Meadowlands Seed Spectrum



#### Meadowlands History

- Pleistocene ice retreated ca. 8,000-10,000 years BP
- Hackensack Lake (glacial) persisted for 2,500-3,000 years
- Area was probably marine until 2,600 years BP - no vegetation, only clays
- Fluctuating brackish-freshwater environments since 2,600 years BP
- Peat accumulation phase 2,600 years BP -Betula-Alnus-Fraxinus forest with sedges, Sphagnum, and Typha

## Meadowlands History

- 2,000 years BP Picea-Larix forest
- 1,300 years BP 1<sup>st</sup> occurrence of Chamaecyparis thyoides
- Oradell dam built in 1921 changed the hydrology and the freshwater wetlands became estuarine
- C. thyoides-Larix disappear ca. 1935 due to fire, ditching, and hydrologic alteration
- Today Phragmites-dominated tidal marsh ecosystem or restored Spartina monoculture



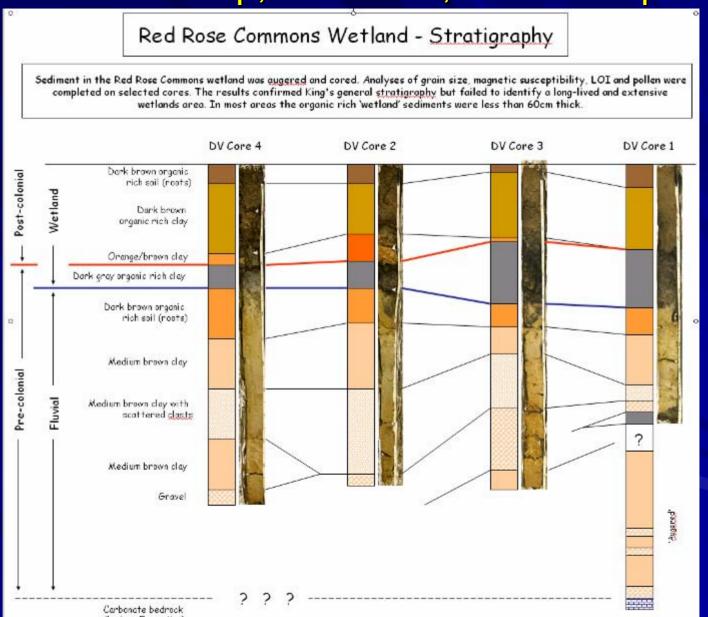
Chamaecyparis thyoides stumps from Mill Creek, NJ



#### Meadowlands

- Sediments show the geomorphic, hydrologic, and vegetation history is complex due to its position in the landscape (i.e., near sea level)
- Pollen record indicates the vegetation was responding to alternating freshwater and marine conditions
- Anthropogenic influence is pronounced and the pollen record provides evidence of additional complications (e.g., ditching, fire, and diking)
- Pollen, macrofossil and sediment record matches the hydrogeomorphic (HGM) setting throughout the history of the area and provides an excellent example of using pollen/plant fossils to reconstruct past vegetation and the relationship between HGM setting and vegetation

#### Dillerville Swamp, Lancaster, PA - Example 2



(Data from Dr. C.J. Williams, Franklin & Marshall College)

## Dillerville Swamp

- Pollen data indicate the pre-colonial vegetation was dominated by oak, pine, chestnut, hemlock, hickory and willow at the bottom of the section
- Sedimentology indicates most of the area during pre-colonial time consisted of floodplain and riparian forest and the extent of the wetlands was limited
- During colonial times the wetlands became more prevalent as the area was being developed

# Dillerville Swamp

- Post-colonial pollen indicative of wetland conditions dominated by *Typha*, *Impatiens*, sedges, hemlock, sycamore, alder, and rushes
- 19<sup>th</sup> century botanical records indicate the vegetation consisted of a diverse assemblage of facultative to obligate trees, shrubs and herbs and this wetland complex included open water, riparian and floodplain components
- Today these wetlands are small, isolated and dominated by Typha

# Dillerville Swamp

The pollen and sediments match the HGM setting of the area

■ The pollen history shows the area was not a wetland during pre-colonial time and the wetlands formed in response to human activities

## The Challenge

- If possible, project designs should strive to reestablish the dominant HGM of the original wetlands and not an atypical HGM (atypical HGMs support atypical vegetation assemblages) to increase wetland functions (see Gwin et al., 1999; Magee et al., 1999; Magee & Kentula, 2005 for supporting data)
- To match the vegetation of a restored or constructed wetland to its HGM equivalent
- Should we implement the use of a historic plant palatte?

#### Conclusions

- The pollen, plant fossil, and sediment record provide:
  - The ability to correctly identify past HGM settings;
  - A robust spatial and temporal framework of the depositional environment and vegetation (zonation);
  - Evidence of changing hydrologic and vegetation conditions;
  - Clues regarding the types of vegetation that were associated with the hydrology of the original wetlands; and
  - A set of tools that can be used to "tweak" the hydrologic conditions and/or vegetation to potentially improve the ecological functions of restored, created, or enhanced wetlands

#### Conclusions

- Restored and constructed wetlands should have plant assemblages that correspond to the HGM
- Fossil data provide a mechanism that allows the historical vegetation and corresponding HGM to be identified

These fossil data therefore provide a useful model that can be used for wetland design and a comprehensive wetland management strategy

### Questions?

# Acknowledgements

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